

Naya Kanga 5,844m & Langtang Valley

'In the central himlayan location, amazing valleys & gorge, traditional culture & buddhist religion, pristine forest, area of the red pandas, and in the close backdrop of the high Langtang himlayan range'

Introduction

The upper Langtang valley was first explored by Tilman in 1949 and 46 years later still retains a hint of Shangri-La, due to its closeness to Tibet and the untracked wilderness beyond Langshisa Kharka. Himalaya Expeditions leaders have climbed extensively in the upper Langtang valley and through their enthusiasm and feedback we have developed the Langtang Climbing Camp. The upper Langtang valley has proved to be an ideal location for an alpine style climbing holiday and our aim will be to explore this upper valley, following in the footsteps of Tilman. As well as Naya Kanga, one of Nepal's permitted trekking peaks, there are several peaks that offer a variety of climbing challenges, many with no technical difficulty and we would hope to climb a possible five peaks.

Starting out from Kathmandu by bus to Syabrubensi, we will begin our trek to the Langtang Himal, taking the direct approach via the Langtang khola. For days of easy walking on good trails, through the dense forest of oak, birch, pine and then rhododendron leads to the tree line and then to Kyangjin Gompa (3749m). Kyangjin is a splendid base in a beautiful setting of high snowy mountains from which to acclimatise and plan our explorations and climbs of the upper valley. The group will have enough days to explore further a field and we will move our base camp higher, depending on the objective.

Good acclimatisation days and be spent exploring the upper Langtang valley, beyond the rich meadows of Langshisa Kharka, first explored by Tilman, when he was probing for routes into Tibet. These upper meadows are rarely visited by trekkers and are home to large herds of thar, the valley ending in a massive wall of mountains, forming the frontier with Tibet.

Climbing onto the ridges to the north of the valley we will attempt glaciated peak rising above the Yala Glacier, Yala Peak (5500m). Crossing to the Chimsedang Lekh and the Kangjal Himal, a ridge of peaks bordering the valley to the south, we establish base camp below the Ganja La (5,121m). From here there is a possible summit to climb including Naya Kanga (5844m). All of the peaks are glaciated and offer a variety of climbing challenges amid spectacular Himalayan scenery. All of these summits will provide stunning views of the great mountains flanking the Langtang valley, including Ganchenpo (6387m), Dorje Lakpa (6990m), Pemthang Karpo Ri (6830m), Langtang Lirung (7245m) and across the border in Tibet rises the huge bulk of Shishapangma (8046m).



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Whilst most of the peaks are technically straightforward, to get the most from this trip, it is important that you are a strong hill-walker with previous experience of snow climbing, or at least the completion of one winter courses or similar.

TRIP PROFILE

Trek Grade	Moderate to Adventurous.
Trip duration	19 / 20 days.
Climbing grade	Alpine PD .
Trekking & Camping	15 Nights 16 Days .
Maximum height	5,844m at the summit of Naya Kanga.
Trek Starts	From Lukla.
Trek Ends	At Lukla.

TRIP DEPARTURES

(Monday to Saturday)	21st April to 10th May.
	22nd September to 11th October.

OUTLINE ITINERARY

DAY 01 Arrive Kathmandu. 1,300m. via respective airlines.

DAY 02 In Kathmandu with half day sightseeing tour.

DAY 03 Drive from Kathmandu -Syabrubesi 1,460m. approx 7-8 hrs drive.

DAY 04 Trek to Riverside 2,700m. approx. 5-6 hrs.

DAY 05 Trek to Ghoretabela 3,020m. approx. 5hrs walk.

DAY 06 Trek to Kynging Gompa 3,850m via Langtang village 3,307m. approx. 5-6 hours walk.

DAY 07 Rest-Day for acclimatization at leisure for hike around.

DAY 08 Trek to Yala High Camp. 4-5 hrs.

DAY 09 Climb of Yala Peak and return to Kyangin Gompa.

DAY 10 Trek towards Naya Kanga at Branchen Kharka 4,100m. approx. 4-5 hrs walk.

DAY 11 Trek and climb to Naya Kanga High Camp 5,100m.

DAY 12 Rest day for the climbing preparation.

DAY 13 Ascent of Naykanga. Return to Base Camp.

DAY 14 Trek to Langtang Village. 5-6 hours walk.

DAY 15 Trek to Riverside. 4-5 hrs.

DAY 16 Trek to Upper Syabru. 2,118m. approx: 5 hrs.

DAY 17 Trek to Dhunche. 5-6 hrs.

DAY 18 Drive back to Kathmandu.

DAY 19 In Kathmandu.

DAY 20 Transfer to Airport for the International departure.

Trip Dossier

DAY 01 Arrive Kathmandu. 1,300m. via respective airlines.

On arrival at Kathmandu Tribhuvan International Airport you will be received by our staff and escort you to the Hotel, where one of our leader or a Sherpa guide will give you a brief orientation of the Hotel, Kathmandu, Trek/Camping, do's and don't and other related information that you might require while in Nepal.

DAY 02 In Kathmandu with half day sightseeing tour.

After your first night in Kathmandu, you will be well informed on arrival about the time for your half day guided sightseeing tour in Kathmandu at places of interest. Sometime, depending upon your flight arrival if it's late in the night we will do this tour in the afternoon instead of morning to give you a nice rest before you venture out of the Hotel for our interesting tour.

DAY 03 Drive from Kathmandu -Syabrubesi 1,460m. approx 7-8 hours drive.

An early morning drive after breakfast to Syabrubesi, the bus ride takes you to the winding uphill and downhill road, the drive passes to many rural town and farm villages the bigger town enroute is Trisuli Bazaar, this place lies in the sub-tropical climatic zone the road from here climbs uphill to cooler region leaving the rice paddy behind to maize and millet terraced fields as the weather changes with the culture and the people as well, on arrival at the entrance of Dhunche 1,965m, the one and the only major town of the Langtang area and Raswa district. There's a Langtang National Park headquarter office where you're Trekking and Park permit are checked by the Royal Nepalese Army serving as Park warden also. From here, our journey continues farther downhill for 1-2 hours till Syabrubensi village is reached for the overnight camp.

DAY 04 Trek to Riverside 2,700m. approx. 5-6 hours.

The trek from Syabrubesi is quite pleasant with few up climbs for a while but the rest of the walk is gradual on the winding trail through the terraced farm fields and villages, as the trail descends and joins the path coming from upper Syabru at the Riverside Lodge near the place of Bamboo, an ideal spot for camping with ample time to go for a refreshing splash in the nearby river of upper Trisuli River.



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DAY 05 Trek to Ghoretabela 3,020m. approx. 5hrs walk.

The trek today leads to cool forest in the gorge following the torrent glacial river Trisuli upstream, the walk is more or less an uphill climb in the cool shade of rhododendron and oaks forest after three hours trek reaching to a small clearing spot at Lama-Hotel, where there is a facilities for camping and staying in one of these local teahouses serving as lodges for backpackers. From this place another 2-3 hours brings you to the wonderful spot at Ghore-Tabela for the overnight camp.

Ghoretabela is in the midst of the forest of pines, hemlocks and rhododendron from here onwards you can feel the altitude also.

DAY 06 Trek to Kynging Gompa 3,850m via Langtang village 3,307m. approx. 5-6 hours walk.

After a pleasant stay, the trek continues for few hours on the trail to Langtang and its beautiful valley, walking through the cool shade of the alpine wood for an hour, after leaving the tree line behind. The path leads uphill for an hour, then the walks get better on the gradual winding trail with few ups and down till the village of Langtang is reached by lunch time, here you'll have time to make friends and visit the villages with a glimpse of Langtang Himal peeping in the north on top of the great rock wall.

From Langtang village, walk leads through the gradual path for a short while, then the path winds uphill for few hours through the prickly Burberry and high alpine shrubs, and encountering "mani-prayer wall" where walking on the clockwise direction is the positive way of respecting the local culture, as the walk leads further east the valley opens up and then walking on the grassy meadow with views of numerous snow capped peaks in the distance. The walk is more pleasant and can be vigorous due to altitude gain on reaching to our destination at Kyngin Gompa. Kyngin Gompa, a scenic charming spot, with peaks looming from all direction, the closest peak that you can see is the Langtang Lirung of over 7,000m and its icefall just at leisurely distance from the campsite, Kyngin Gompa, a small monastery located on the top of the ridge formed by glacial moraine of rocks and boulders, within Kyngin Gompa area there are more than 6-7 lodges and a cheese factory.

DAY 07 Rest-Day for acclimatization at leisure for hike around.

At leisure, a well deserved rest day. After breakfast you can go for a short walk at the nearby hill called Kyangin Ri 4,700m. Adding more heights to your adventure with a panoramic view of the surrounding snow capped peaks; visit the cheese factory with rest of the day at leisure. Above Kyangin to the north there are several hills that provide both spectacular viewpoints and good acclimatization, the hill behind Kyangin is called Kyangin -Ri which is at 4,700m / 15,420ft.



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DAY 08 Trek to Yala High Camp. 4-5 hrs.

After a good rest day at Kyangin, morning walk leads to a gradual walk for the first hour towards the eastern valley near the old airstrip, from here our route climbs steeply up to the moraines north-east from Chhongdu to Tharche before traversing towards Yala, we will pitch our high camp and as well the base camp in the meadows at the head of the Yala Chhu before the Yala Jhang Glacier.

DAY 09 Climb of Yala Peak and return to Kyangin Gomba.

Early morning climb of Yala Peak which is not technical can be done with the help of ski pole, depending upon the snow conditions. On snow and ice, crampons are required for safety purpose. After a good climb up to the summit great views of the surrounding peaks and valleys can be seen. Return walk back to Kyangin gomba for the overnight stop.

DAY 10 Trek towards Naya Kanga at Branchen Kharka 4,100m. approx. 4-5 hrs walk.

The walk from Kyangin follows the downhill track towards the Langtang khola (stream) and to a place called Chhona, from here the path climbs the hillside through rhododendron forest towards Ganja-la to camp at Branchen Kharka for Naya Kanga Base Camp at 4,100m/13,451ft this spot provides a good campsite.

DAY 11 Trek and climb to Naya Kanga High Camp 5,100m.

Walk this morning leads further towards Ganja-la to establish a high camp at 5,100m. below the North East Face. From the base camp continue on the trail to Ganja-La to gain the upper cwm filled by a glacier beneath the North-East Face by climbing steeply up moraine to establish the high camp.

DAY 12 Rest day for the climbing preparation.

A leisure day to scout the area for the climb. Our Sherpa guide and leader will scout and make possible route for the next morning climb.

DAY 13 Ascent of Naykanga and return to Base Camp at Branchen Kharka for the overnight Camp.

The route of ascent to Naya Kanga follows the North East Ridge, which is reached by traversing the glacier shelf and then climbing easy angled couloirs to a col on the ridge. Above this col the ridge gets steep normally a rope is fixed to safeguard this section of the route. There are two further steep sections beside the first steep ones which may require fixing, the climbs from here leads to a level area below the summit ridge. The summit ridge is quite broad, and its is exposed and corniced and the party will be roped together. The round trip from High Camp to the summit can take about 6-8 hours.



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After the magnificent time on the summit with stunning view of the nearby array of snow capped, the long careful descent will bring us to the camp, depending upon the time as per the schedule and in good physical condition we will cover the distance as far as to Branchen Kharka, to make it more easier for the next day walk.

DAY 14 Trek to Upper Syabru. 2,118m. approx: 5 hrs.

After a wonderful time at the Base Camp and at the high summit of Naya Kanga in the absolute wilderness, our journey returns back on the same trail to Langtang Village.

DAY 15 Trek to Riverside. 4-5 hrs.

Retrace the journey to the Riverside for the overnight camp after a good 5-6 hours.

DAY 16 Trek to Langtang Village. 5-6 hours walk.

The trek today follows the same route for an hour, then after the bridge the walk is pleasant through the rain and bamboo forest, after leaving the river way down below, the climb starts uphill through the landslide bit of rocks and boulders, passing through farm terraces till Upper Syabru is reached, a row of houses like a locomotive built on a ridge. Syabru has a monastery near its helipad just few minutes up from the village.

DAY 17 Trek to Dhunche. 5-6 hrs.

The trail follows climbs to the ridge overlooking the village down below, from here the walk is more or less on the easy gradual path on the downhill slopes through the deep forest of rhododendrons and oaks for an hour passing through meadows and farm houses till the path reaches the bottom at the road head, after an hour or more walk on the paved road leading at the suburb of Dhunche town village for the overnight camp.

DAY 18 Drive back to Kathmandu.

After an early morning breakfast the drive takes us through the winding road downhill towards Kathmandu after the most wonderful and memorable time in the serenity of the mountains.

DAY 19 In Kathmandu.

A free day in Kathmandu please inform our staff if you would like to go on another short tour in and around Kathmandu Valley or for a scenic mountain flight.



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DAY 20 **Transfer to Airport for the International departure.**

Today as per your international flight time, keep your confirmed air ticket, departure tax (in local currency) and your passport handy. Our Tour Officer will take you to the airport for your final departure from this amazing country, Nepal.

Note: The above itinerary should be taken only as a guide line; it could change due to weather, availability of clean water and campsite, trail or any other unforeseen conditions. In case of trek Itinerary alteration or if it needs to be re-routed to other area your Group Leader or Sherpa Guide decision will be the final.

Complimentary Services

Services as mentioned below are rendered complimentary upon confirmation of your booking with us:

- a. Complimentary tourist registration to respective consulate office or embassy
- b. Complimentary international flight ticket re-confirmation
- c. Complimentary Gurkha Encounter T-Shirt (subject to availability)
- d. Complimentary welcome dinner in one of the finest local restaurants in Kathmandu with cultural shows presented by different ethnic groups
- e. Complimentary use of sleeping bags and down jackets

Mode of Payment

To confirm your trip we request you an upfront payment of 40% of the quoted amount by authorizing the same with your credit card details filled up in our GE Booking Form.

If you pay by cheque/ bank draft pls make it payable to:

Gurkha Encounters Pvt. Ltd.
G P O Box: 20195
Ganeshman's Building
House No.: 135
Chaksibari Street, Thamel, Kathmandu, Nepal
Phone: +977 1 4267 882 and 889
Fax: +977 1 4267 854

Note: If you pay by Master/Visa cards there is a bank service charge of 3.5% which will be charged as an extra; for payment through American Express there is a 5.5% bank service charge.



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Terms & Conditions

- ❖ The Company is not liable for any refunds after the departure date of the scheduled itinerary.
- ❖ Cancellation should be made 48 hours before departure and a 40% cancellation charge is approved besides tax, transportation and permit. See specific information below
- ❖ No refund will be given if the program ends before the provided itinerary date.
- ❖ The Company is not to be held responsible for your early termination of a trek should our experienced leader feels it is unsafe for you to continue due to fitness and/or health issues
- ❖ The Company is not liable for an unconvinced or rescheduling due to natural, political or bureaucratic circumstances
- ❖ The Company is not responsible for delays caused by local weather conditions resulting in international flights being missed
- ❖ The Company is not responsible for the financial implications of rescue. Please ensure you have the appropriate insurance to cover these situations before you arrive in Nepal
- ❖ Our staffs are very experienced in leading treks at all altitudes. It is their responsibility to ensure your safety, their conclusions regard safety are final and should you not follow their advice the Company can not be held responsible for the outcome.

If you wish to cancel your trip for any reason the following scale of charges will apply:

Date of Cancellation	Charge Incurred
2 months before departure	Loss of deposit (40% of Total Trip Cost TTC)
29 days to 2 months before departure	50% of TTC
10 to 28 days before departure	70% of TTC
Less than 10 days before departure	100% of TTC

Equipment List (General Items)

- A pair of light hiking boots
- A pair of sandals
- 2 pairs of woolen socks and 2 pair of hiking socks
- 1 medium poly pro shirt
- 1 pile jacket
- 1 down jacket
- 1 woolen hat
- A pair of sunglasses
- A pair of glove shells with liner or ski gloves (opt.)
- A pair of woolen gloves
- One Trekking pack 3000 cubic inches capacity



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One Sunscreen lotion SPF 10 to 30 and One Sunscreen stick SPF 10 to 30
Two Reading books (Optional)
One Walkman (Opt) and Music tapes (Opt) iPods Digi Camera and its Charger
A one liter water bottle
A pair of Trekking poles
One flash light with 4 sets of batteries
one -5 to -20 sleeping bag
Two T-shirts and one long sleeve T/city shirt
Two Trekking baggy pant

Toiletry Items

Towel, pre-moistened novelettes, wash cloth, lip balm, and any additional personal items such as toothbrush, comb, etc.

Miscellaneous Items

Photo equipment with plenty of films and spare batteries, reading/writing materials, postcards of hometown and/or photos of home and family to share with Nepalese people, safety pins, sewing kit, zip lock bags for small items.

Welcome to the Himalaya

Namaste and welcome to the stunning and diverse geographical regions of the Himalaya.

This wonderful place is home to many of the highest mountains in the world including the world's highest, majestic Mount Everest, to some of the deepest gorges, lush valleys, great rivers, colorful people and ancient histories. You'll find a wide and fascinating diversity of landscapes, culture, people and activities within the Himalaya. From stunning scenery to vibrant and colorful culture, from the serenity and spiritualism of ancient temples and monasteries to the thrills and spills of some of the finest white water rides, from the challenge of the awesome peaks to the laid back relaxation of the valley, lakesides and quiet hill stations to the deep lush jungles of the lowlands, from romantic and intricate courtyards, exotic palaces and exquisite restaurants to high snowy passes where prayer flags flutter in the skies and from the solitude of the great peaks to the welcoming bustle and warmth of the local bazaars and courtyards. Whatever your interest, the Himalaya has something to offer everyone.



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Gurkha Encounters is a leading trekking, adventure and eco travel company based in Kathmandu, Nepal and established in 1988. We specialize in the Himalayan regions of Nepal, Tibet, Bhutan and India, including Sikkim. Our services include advice, planning and organization of a wide range of adventure and trekking travel options and related services including: trekking and climbing expeditions among the world's highest peaks; jungle safaris; white-water rafting; mountain biking; family adventures; educational expeditions for schools and youth groups; short breaks, guided tours and sightseeing; special interest holidays; romantic breaks; volunteer placements and corporate services.

Our office staff, guides and other support staff are all from local villages and towns in the Himalaya and are all experienced and qualified professionals. Our extensive local knowledge as well as our experience and local contacts mean that we are able to provide the best service to you and we are proud of our reputation for quality, innovation and overall customer service with a focus on cultural and environmentally responsible travel. We aim to provide you with an excellent, friendly and personal service at competitive and fair prices for a truly memorable adventure travel experience.

Small Group Travel

Most of our trips, treks and tours are organised on a small group basis, usually with a maximum of 16 persons in a group. On family holidays the maximum number is 20 to allow a number of families to join a group. By keeping numbers small we are able to offer a friendly, personal and high quality service.

Tailor Made Private Charter Adventures

We offer a very competitive complete tailor made service and are happy to design private charter programs for individuals and for groups as well as to tailor any of our packages to more closely meet your requirements. We have a wealth of experience in helping many clients in designing and planning individual adventures, ranging from romantic breaks to personal challenges, fundraising programs, student programs to extreme adventure expeditions, from low budget to no expense spared. We don't charge a fortune to tailor make a trip for you and we have plenty of ideas, suggestions and experience we're happy to share. We'll work closely with you to design your adventure. Our advertised brochure prices will give you an idea of what you can expect to pay but we'll provide individual quotes based upon your itinerary, requirements, budget and number of people traveling.

Let us take care of the research and arrangements for your flights, accommodation, guides, transport, permits, peak fees, equipment requirements, food and all ground handling service for treks, expeditions or tours, using our local knowledge, expertise and contacts. And you can get on with enjoying yourself.



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Group and Club Organisers

If you are organising a trip for a group or a club we will offer one free* additional place for every 10 bookings made. You can use this for your own travel, use it to reduce the overall cost of the trip for everyone or perhaps offer it as a fantastic prize for your group members or for a charity. Contact us for more details and for conditions (* permit fees, national park entry fees, airfares and departure taxes not included).

Contact Us

We are always happy to provide more information and suggestions. If you are in Kathmandu, please visit our office in Thamel, Kathmandu. You can email us at info@gurkhaencounters.com, or telephone us on +977 1 4267 882 and 889 or fax on +977 1 4267854 or contact to our Managing Director (RAJ) Mobile +977 9851022717 / 9851082548. For general information please visit our website www.gurkhaencounters.com

‘Tapai lai Hardik Swagat Cha’ - Welcome from our heart to the mighty Himalaya.

Trekking in the Himalaya

The Himalaya mountain regions provide some of the finest trekking routes available anywhere. Within the Himalaya, Nepal’s mountainous, hilly and lowland Terai regions offer some of the most spectacular trekking in the world. Treks vary from high altitude routes some of which visit base camps used by mountaineering expeditions to easy short treks within the Kathmandu Valley and lower hill country where you’ll travel through pretty villages, subtropical lowlands, vast meadows and forests, fast flowing rivers, deep canyons and even the cold and barren regions at the feet of the great mountain peaks. The views change with the seasons, with different stages of planting and harvesting cycles in the villages and valleys and the brilliant display of wild flowers in spring and autumn.

Trekking with us means an adventure walking holiday, with a small group of other trekkers, led by an experienced and professional English speaking local guide. We use professionally trained and experienced local Sherpa guides or Sirdars on our treks, tours and expeditions and are totally confident in their ability and experience. Local guides are integral to providing you with the best travel experience. Not only can they share local knowledge and insights, at the same time as you travel you are contributing to the local economy and supporting local communities at the same time as you travel. Whatever route you choose, you’ll be sure to meet local people and enjoy stunning landscapes as you walk at your own pace through well established village trails. Whilst some of the popular trekking trails



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are used by climbing expeditions on their approach marches, most have been used for hundreds of years by the local Nepalese for everyday travel and trade.

Teahouse Trekking

On the more popular treks in Nepal, particularly in the Everest, Langtang and the entire Annapurna regions, enterprising villagers have built teahouse lodges, similar to European style alpine lodges offering simple but comfortable accommodation and food. We offer a selection of single/twin sharing rooms in the best available lodges run to a high level of service. We also supply a four season sleeping bag and cotton liner free of charge on our teahouse treks. Hire of other key items if needed can be arranged in advance. During the trek you'll have 3 meals a day, with a mixture of European and Asian style dishes and large portions. Soft drinks, sweets, mineral water and alcohol are not included.

Fully provisioned camping style trekking

This type of trek is staffed by a full Sherpa crew including a Sirdar (head man), cook and assistants. Porters, yaks, horses or mules carry your main baggage. It is the Sherpa crew's job to perform all the camp work, from setting up to providing freshly made meals, to leaving the site clean on departure. We provide twin share dome or A frame sleeping tents, a kitchen tent, mess tent and toilet tent. We also provide tables, chairs or stools, lanterns/candles, thin sleeping mattresses and all crockery and cutlery as well as a fully equipped kitchen set up. The Sherpa crew will cook, wash up, and provide hot water for washing and tea and coffee at night and for your wake up call. Food is a mixture of Asian and Western dishes, with lots of choice, freshly prepared. As with teahouse trekking you can expect 3 main meals each day. Soft drinks, sweets, mineral water and alcohol are not included.

A few of our teahouse treks involve crossing high passes and necessitate camping for a couple of nights. We provide full camping services for these nights including providing four season sleeping bags.

Our Grading System

In Nepal, the trails often zigzag with plenty of ascents and descents and it is better to think in terms of hours spent walking rather than miles covered. A typical day's walking is from five to seven hours with a number of ascents and descents. This includes a one hour lunch stop, a comfortable pace of walking and time to enjoy your surroundings.

We use four grades for our treks, intended to give you a general sense of what to expect and to help you choose which adventure will suit you best. Factors such as weather conditions, altitude, fitness level, experience, interests and how you feel on a particular day all contribute to how easy or strenuous you



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find a trip. If you're unsure of whether a trek is suitable for you just contact us before making your booking.

Wish you have memorable time with us!