



## Inquiry

✉ info@gurkhaencounters.com

☎ 977 1 4267882

# Marshyangdi River Rafting

## Introduction

Probably the best combination trip in Nepal-magnificent white water, a beautiful unspoiled valley, combined with one of the most scenic treks in Nepal. The Tamur and its tributaries drain the snows of Kanchenjunga third highest peak in the world. The river is the sixth largest river in Nepal and seems to have a feeling of thrusting power and of being constrained by its valley sides. The first commercial run of the Tamur was in 1990 and there have been very few descents since then.

It is an outstandingly beautiful river with superb views of the Himalayan range including Mt. Everest, Mt. Kanchenjunga and Mt. Makalu. The river trip includes around 120 km descent through more than 100 of the most exciting rapids still to be named has to offer grade 3 to 4, with some graded -5, making one of the best white water expedition trips in the world.

The trip starts with an internal flight or drive from Kathmandu to Biratnagar in the far South-East of Nepal. We take a private bus drive to Basantapur in the Tehrathum Region, where we camp overnight. The following day, we begin an awe-inspiringly beautiful 5-day trek to Dobhan through the remote Taplejung region of Eastern Nepal. From Dobhan we begin the exhilarating trip, which includes a day relaxing on a remote river beach or an optional one-day trek visiting local villages. The Tamur is best tackled between October and November, and February and May. Finally, there's an overnight drive by private bus or an optional internal fly back to Kathmandu.

### General Information

<b>Grade For</b>	<b>Autumn Spring</b>	<b>Spring</b>
	Sep – Dec 3 to 5	Feb – May 3 to 4+
<b>Possible operation</b>	Autumn & Spring.	
<b>Departure</b>	Fix and on request.	

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<b>Rafting days</b>	05 days (Kathmandu to Kathmandu).
<b>Entrance by</b>	8 hours drive to Besi Sahar.
<b>Put-in point</b>	Ngadi.
<b>Put-out point</b>	Bimal Nagar.
<b>River distance</b>	47 km.
<b>Possible optional trip to</b>	Chitwan National Park or trek to Annapurna.
<b>Numbers of pax require</b>	Minimum 6 persons.

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## Trip Dossier

### DAY 01

Drive 8 hours to Besisahar from Kathmandu and then to Khudi to set up Camp. After reaching Besisahar we unload the gear and one of our staff will show up with a porter who will carry all the expedition gear to our camp at Khudi. We arrive at Khudi in time to set up camp, relax and find the best spot to take in the magnificence of the surrounding Himalayas at sunset.

### DAY 02

Trek start from Khudi to Ngadi then back to Ngadi by raft for your night camp. After breakfast, we start trekking for a couple of hours to our put in point Ngadi. Lunch will be served, rafts are pumped, gear handed out after and your expedition leader will brief you and train you on land about safety and paddling. Pay attention as you are straight into the rapids and this river has a way of underlining any mistakes! This is the most knuckle gripping section of the river so enjoy it. We encounter rapids as Instant Karma, Twinkie, Adrenaline, and Mama's Big Butt by Bhulbhule. We finish today back at Khudi and have a well-earned dinner.

### DAY 03

Start adventure-rafting trip from Khudi and raft up to the sandy beach below Besisahar. From today you have to be prepared to continuous bumping into the challenging rapids and it doesn't stop after the 1st day. The crystal blue water thunders down steep as waterfall for mile after mile, with lush jungle clinging insecurely to the canyon walls and surreal mountains suspended high above the forested ridges.



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You have to run on these rapids and tackle the intense whitewater rafting for the next 5 hours. Lunch will be provided on the way and then continue descent to the camping site in the sandy beach. The white sandy beaches below Bensisahar make for the most comfortable nightspot around.

## **DAY 04**

As done before and camp in Bhotewodar. After breakfast we hit directly into whitewater again. At Phaliya Sanghu the whole river is squeezed between vertical walls, which rise 200 ft to a suspension bridge across the river. For a short section after Phaliya Sanghu the river relaxes, the rapids are more open and nowhere as powerful. We end the day at Bhotewodar, where we camp on the banks in the cave of a Shiva temple.

## **DAY 05**

The river becomes very mellow and goes through a high walled gorge with birds and vegetation that can only be described as breath taking. We reach our take out point at Bimal Nagar by lunchtime where our transport is waiting to take us back to Pokhara or Chitwan or Kathmandu.

## **Complimentary Services**

Services as mentioned below are rendered complimentary upon confirmation of your booking with us:

- a. Complimentary tourist registration to respective consulate office or embassy
- b. Complimentary international flight ticket re-confirmation
- c. Complimentary Gurkha Encounter T-Shirt (subject to availability)
- d. Complimentary welcome dinner in one of the finest local restaurants in Kathmandu with cultural shows presented by different ethnic groups
- e. Complimentary use of sleeping bags and down jackets

## **Mode of Payment**

To confirm your trip we request you an upfront payment of 40% of the quoted amount by authorizing the same with your credit card details filled up in our GE Booking Form.

**If you pay by cheque/ bank draft pls make it payable to:**

Gurkha Encounters Pvt. Ltd.  
G P O Box: 20195  
Ganeshman's Building  
House No.: 135  
Chaksibari Street, Thamel, Kathmandu, Nepal



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Phone: +977 1 4267 882 and 889

Fax: +977 1 4267 854

**Note:** If you pay by Master/Visa cards there is a bank service charge of 3.5% which will be charged as an extra; for payment through American Express there is a 5.5% bank service charge.

## Terms & Conditions

- ❖ The Company is not liable for any refunds after the departure date of the scheduled itinerary.
- ❖ Cancellation should be made 48 hours before departure and a 40% cancellation charge is approved besides tax, transportation and permit. See specific information below
- ❖ No refund will be given if the program ends before the provided itinerary date.
- ❖ The Company is not to be held responsible for your early termination of a trek should our experienced leader feels it is unsafe for you to continue due to fitness and/or health issues
- ❖ The Company is not liable for an unconvinced or rescheduling due to natural, political or bureaucratic circumstances
- ❖ The Company is not responsible for delays caused by local weather conditions resulting in international flights being missed
- ❖ The Company is not responsible for the financial implications of rescue. Please ensure you have the appropriate insurance to cover these situations before you arrive in Nepal
- ❖ Our staffs are very experienced in leading treks at all altitudes. It is their responsibility to ensure your safety, their conclusions regard safety are final and should you not follow their advice the Company can not be held responsible for the outcome.

If you wish to cancel your trip for any reason the following scale of charges will apply:

<b>Date of Cancellation</b>	<b>Charge Incurred</b>
2 months before departure	Loss of deposit (40% of Total Trip Cost TTC)
29 days to 2 months before departure	50% of TTC
10 to 28 days before departure	70% of TTC
Less than 10 days before departure	100% of TTC

## Equipment List (General Items)

- A pair of light hiking boots
- A pair of sandals
- 2 pairs of woolen socks and 2 pair of hiking socks
- 1 medium poly pro shirt
- 1 pile jacket



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1 down jacket  
1 woolen hat  
A pair of sunglasses  
A pair of glove shells with liner or ski gloves (opt.)  
A pair of woolen gloves  
One Trekking pack 3000 cubic inches capacity  
One Sunscreen lotion SPF 10 to 30 and One Sunscreen stick SPF 10 to 30  
Two Reading books (Optional)  
One Walkman (Opt) and Music tapes (Opt) iPods Digi Camera and its Charger  
A one liter water bottle  
A pair of Trekking poles  
One flash light with 4 sets of batteries  
one -5 to -20 sleeping bag  
Two T-shirts and one long sleeve T/city shirt  
Two Trekking baggy pant

## **Toiletry Items**

Towel, pre-moistened novelettes, wash cloth, lip balm, and any additional personal items such as toothbrush, comb, etc.

## **Miscellaneous Items**

Photo equipment with plenty of films and spare batteries, reading/writing materials, postcards of hometown and/or photos of home and family to share with Nepalese people, safety pins, sewing kit, zip lock bags for small items.

## **Welcome to the Himalaya**

Namaste and welcome to the stunning and diverse geographical regions of the Himalaya.

This wonderful place is home to many of the highest mountains in the world including the world's highest, majestic Mount Everest, to some of the deepest gorges, lush valleys, great rivers, colorful people and ancient histories. You'll find a wide and fascinating diversity of landscapes, culture, people and activities within the Himalaya. From stunning scenery to vibrant and colorful culture, from the serenity and spiritualism of ancient temples and monasteries to the thrills and spills of some of the finest white water rides, from the challenge of the awesome peaks to the laid back relaxation of the valley, lakesides



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and quiet hill stations to the deep lush jungles of the lowlands, from romantic and intricate courtyards, exotic palaces and exquisite restaurants to high snowy passes where prayer flags flutter in the skies and from the solitude of the great peaks to the welcoming bustle and warmth of the local bazaars and courtyards. Whatever your interest, the Himalaya has something to offer everyone.

Gurkha Encounters is a leading trekking, adventure and eco travel company based in Kathmandu, Nepal and established in 1988. We specialize in the Himalayan regions of Nepal, Tibet, Bhutan and India, including Sikkim. Our services include advice, planning and organization of a wide range of adventure and trekking travel options and related services including: trekking and climbing expeditions among the world's highest peaks; jungle safaris; white-water rafting; mountain biking; family adventures; educational expeditions for schools and youth groups; short breaks, guided tours and sightseeing; special interest holidays; romantic breaks; volunteer placements and corporate services.

Our office staff, guides and other support staff are all from local villages and towns in the Himalaya and are all experienced and qualified professionals. Our extensive local knowledge as well as our experience and local contacts mean that we are able to provide the best service to you and we are proud of our reputation for quality, innovation and overall customer service with a focus on cultural and environmentally responsible travel. We aim to provide you with an excellent, friendly and personal service at competitive and fair prices for a truly memorable adventure travel experience.

## **Small Group Travel**

Most of our trips, treks and tours are organised on a small group basis, usually with a maximum of 16 persons in a group. On family holidays the maximum number is 20 to allow a number of families to join a group. By keeping numbers small we are able to offer a friendly, personal and high quality service.

## **Tailor Made Private Charter Adventures**

We offer a very competitive complete tailor made service and are happy to design private charter programs for individuals and for groups as well as to tailor any of our packages to more closely meet your requirements. We have a wealth of experience in helping many clients in designing and planning individual adventures, ranging from romantic breaks to personal challenges, fundraising programs, student programs to extreme adventure expeditions, from low budget to no expense spared. We don't charge a fortune to tailor make a trip for you and we have plenty of ideas, suggestions and experience we're happy to share. We'll work closely with you to design your adventure. Our advertised brochure prices will give you an idea of what you can expect to pay but we'll provide individual quotes based upon your itinerary, requirements, budget and number of people traveling.



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Let us take care of the research and arrangements for your flights, accommodation, guides, transport, permits, peak fees, equipment requirements, food and all ground handling service for treks, expeditions or tours, using our local knowledge, expertise and contacts. And you can get on with enjoying yourself.

## **Group and Club Organisers**

If you are organising a trip for a group or a club we will offer one free\* additional place for every 10 bookings made. You can use this for your own travel, use it to reduce the overall cost of the trip for everyone or perhaps offer it as a fantastic prize for your group members or for a charity. Contact us for more details and for conditions (\* permit fees, national park entry fees, airfares and departure taxes not included).

## **Contact Us**

We are always happy to provide more information and suggestions. If you are in Kathmandu, please visit our office in Thamel, Kathmandu. You can email us at [info@gurkhaencounters.com](mailto:info@gurkhaencounters.com), or telephone us on +977 1 4267 882 and 889 or fax on +977 1 4267854 or contact to our Managing Director (RAJ) Mobile +977 9851022717 / 9851082548. For general information please visit our website [www.gurkhaencounters.com](http://www.gurkhaencounters.com)

**'Tapai lai Hardik Swagat Cha' - Welcome from our heart to the mighty Himalaya.**

## **Trekking in the Himalaya**

The Himalaya mountain regions provide some of the finest trekking routes available anywhere. Within the Himalaya, Nepal's mountainous, hilly and lowland Terai regions offer some of the most spectacular trekking in the world. Treks vary from high altitude routes some of which visit base camps used by mountaineering expeditions to easy short treks within the Kathmandu Valley and lower hill country where you'll travel through pretty villages, subtropical lowlands, vast meadows and forests, fast flowing rivers, deep canyons and even the cold and barren regions at the feet of the great mountain peaks. The views change with the seasons, with different stages of planting and harvesting cycles in the villages and valleys and the brilliant display of wild flowers in spring and autumn.

Trekking with us means an adventure walking holiday, with a small group of other trekkers, led by an experienced and professional English speaking local guide. We use professionally trained and experienced local Sherpa guides or Sirdars on our treks, tours and expeditions and are totally confident in their ability and experience. Local guides are integral to providing you with the best travel experience.



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Not only can they share local knowledge and insights, at the same time as you travel you are contributing to the local economy and supporting local communities at the same time as you travel. Whatever route you choose, you'll be sure to meet local people and enjoy stunning landscapes as you walk at your own pace through well established village trails. Whilst some of the popular trekking trails are used by climbing expeditions on their approach marches, most have been used for hundreds of years by the local Nepalese for everyday travel and trade.

### **Teahouse Trekking**

On the more popular treks in Nepal, particularly in the Everest, Langtang and the entire Annapurna regions, enterprising villagers have built teahouse lodges, similar to European style alpine lodges offering simple but comfortable accommodation and food. We offer a selection of single/twin sharing rooms in the best available lodges run to a high level of service. We also supply a four season sleeping bag and cotton liner free of charge on our teahouse treks. Hire of other key items if needed can be arranged in advance. During the trek you'll have 3 meals a day, with a mixture of European and Asian style dishes and large portions. Soft drinks, sweets, mineral water and alcohol are not included.

### **Fully provisioned camping style trekking**

This type of trek is staffed by a full Sherpa crew including a Sirdar (head man), cook and assistants. Porters, yaks, horses or mules carry your main baggage. It is the Sherpa crew's job to perform all the camp work, from setting up to providing freshly made meals, to leaving the site clean on departure. We provide twin share dome or A frame sleeping tents, a kitchen tent, mess tent and toilet tent. We also provide tables, chairs or stools, lanterns/candles, thin sleeping mattresses and all crockery and cutlery as well as a fully equipped kitchen set up. The Sherpa crew will cook, wash up, and provide hot water for washing and tea and coffee at night and for your wake up call. Food is a mixture of Asian and Western dishes, with lots of choice, freshly prepared. As with teahouse trekking you can expect 3 main meals each day. Soft drinks, sweets, mineral water and alcohol are not included.

A few of our teahouse treks involve crossing high passes and necessitate camping for a couple of nights. We provide full camping services for these nights including providing four season sleeping bags.

## **Our Grading System**

In Nepal, the trails often zigzag with plenty of ascents and descents and it is better to think in terms of hours spent walking rather than miles covered. A typical day's walking is from five to seven hours with a number of ascents and descents. This includes a one hour lunch stop, a comfortable pace of walking and time to enjoy your surroundings.



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We use four grades for our treks, intended to give you a general sense of what to expect and to help you choose which adventure will suit you best. Factors such as weather conditions, altitude, fitness level, experience, interests and how you feel on a particular day all contribute to how easy or strenuous you find a trip. If you're unsure of whether a trek is suitable for you just contact us before making your booking.

**Wish you have memorable time with us!**