



Inquiry

✉ info@gurkhaencounters.com

☎ 977 1 4267882

Kanchenjunga Massive Trek

'A remarkable adventure in the untamed wilderness of far eastern Nepal Himalaya'

Introduction

Kanchenjunga trek is an adventurous journey in the world's third highest mountain range. Situated in the north eastern part of Nepal, bordering India with Sikkim, this is a remote area, abundant in wildlife. Habitation consists of only a few scattered villages. There are musk deer, blue sheep and for the believer, the Yeti. Magnificent views of Everest, Makalu, and Mt Kahchenjunga abound. The trek follows the quiet trails through beautiful forest on these remote landscapes; and this trip certainly makes it worth the visit to the local communities of Sherpa, Limbu and Rai tribes.

Mt. Kanchenjunga is known as "the five jewels of the great snow range". This route is relatively un-treked and thus unspoiled villages and environment are yours to explore without the distractions of other trekkers.

This wonderful adventure begins with a scenic sweeping flight, covering range of mountains from Langtang, Everest to Kanchenjunga to the south Gangetic plain in the Eastern Nepal. You will then overnight at Biratnagar, an industrial town close to Indian border. The next day morning a short flight towards the foot hills of Mt. Kanchenjunga at Sukhetar. And this is where our trek begins, through villages untouched by the modern civilisation and enclosed in pristine rhododendron, oak and pine forests. An opportunity to visit the both Base Camps, i.e. the South and the North Base Camp, affords the best of views of the area.

This trek can be quite strenuous at times while crossing the passes, but for every hard effort, you will be rewarded with brilliant scenery. As we head higher towards the windswept rugged terrain, we will be enchanted with awesome views of the towering peaks of the Kanchenjunga under a clear, wide blue sky.

Our highest camp will be at Pang-Pema with enough time to explore around before heading back. The return journey is made by an alternative route till the trail joins at Sukhetar in Taplejung for the last camp of the trek.



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TRIP PROFILE

Total duration	28 days .
Trek Grade	Adventurous to Challenging.
Trek Duration	14 days .
Max Elevation	5,065m Lhonak-Pang Pema.
Mode of Trek	Camping.
Trek Start	Sukhetar, Nepalgunj.
Trek Ends	Sukhetar, Nepalgunj.

TRIP DEPARTURES

Spring-summer-autumn (Every Year)	15th March to 11th April.
	12th April to 09th May.
	20th October to 06th November.
	10th November to 27th November.

OUTLINE ITINERARY

DAY 01 Arrival into Kathmandu. 1,300m. via respective airlines.

DAY 02 A day in Kathmandu.

DAY 03 Fly Kathmandu / Biratnagar 240m.

DAY 04 Fly to Sukhetar, Taplejung and trek to Lali Kharka 1,900m.

DAY 05 Lali Bhanjyang -Khesewa Bhanjyang 2,100m.

DAY 06 Khesewa Bhanjyang-Mamangkhe. 2,000m. 6 to 7 hrs.

DAY 07 Mamaghkhe-Yangphudin 2,150m.

DAY 08 Yamphudin-Chitre 2,880mts. 6hrs.

DAY 09 Chitre- Simbua Khola 3,000m. 6-7 hrs.

DAY 10 Simbua Khola-Tseram 3,770m. 4 hrs.

DAY 11 Tsheram- Ramche 4,360m via Lapsing.

DAY 12 Rest day at Ramche for acclimatisation and optional walk.

DAY 13 Trek back to Tseram.

DAY 14 Tseram near Tamo la 4,300m, 4 hrs.

DAY 15 Tamo La- Ghunsa, 3,480m.

DAY 16 Ghunsa- Kangbachen 4,000m. 5 hrs.

DAY 17 Kangbachen- Lhonak 4,780m. 4 hrs.

DAY 18 Lhonak-Pang Pema 5,065m. 4 hrs.

DAY 19 Rest day at Pang Pema for local exploration.

DAY 20 Pang Pema-Kangbachen 3,900m. 6 hrs.

DAY 21 Kangbachen-Phole. 3,100m. 6 hrs.

DAY 22 Phole to Amjilassa 2,500m. 7 hrs.

DAY 23 Amjilassa-Tapethok 1,300 m. 7 hrs.

DAY 24 Tapethok-Mitlung 1,550m. 6 hrs.

DAY 25 Mitlung-Sukhetar 2,440 m. 4 hrs.

DAY 26 Fly Sukhetar -Kathmandu via Biratnagar.

DAY 27 Free day at leisure.

DAY 28 Transfer to Airport for the International departure.

Trip Dossier

DAY 01 Arrival into Kathmandu. 1,300m. via respective airlines.

On arrival into Kathmandu's Tribhuvan International Airport, you will be received by our staff who will escort you to the hotel. Our Sherpa guide, or a member of the office staff, will give you a brief orientation of particulars about the hotel, Kathmandu itself, Trekking and Camping, do's and don't and other related information that you might require while in Nepal.

DAY 02 A day in Kathmandu.

After your first night in Kathmandu, you will be informed on arrival about the time for your half day guided sightseeing tour in Kathmandu, and the various places of interest. Depending on the time of your flight arrival the night previous, we will schedule your half day tour in the morning or afternoon. For late night flight arrivals, we prefer to do an afternoon tour in order for you to get properly acclimated to the time change.

DAY 03 Fly Kathmandu / Biratnagar 240m.

Flying from Kathmandu towards Biratnagar is quite possibly one of the most amazing experiences you can have in Nepal. You see the massive range of Himalayas from Langtang, Jugal, Gaurishanker, Everest,



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Makalu to Kanchenjunga range of mountains and the great diverse landscape on the 50 minutes flight, Biratnagar is one of the largest Industrial city, located on the south eastern Gangetic plain of Nepal. On arrival our staff in Biratnagar will transfer you to the hotel in a quiet area of the town.

DAY 04 Fly to Sukhetar, Taplejung and trek to Lali Kharka 1,900m.

After an early breakfast, you will be transferred to the airport for a short flight to Sukhetar. The flight takes about twenty five minutes from Taplejung to Sukhetar. At Sukhetar, our trekking staff and porters will greet you and begin the trek towards Lali Kharka 2,260m. The first part of the walk is almost flat and goes down through the lush forest of pine; the mountain path from here follows a pleasant ridge route. After a short while, it enters the mountains to the right leading to a forested area through which it descends to Lali Kharka for our overnight camp. We set up camp on the clearing near this small rural village of Lali Kharka, with a beautiful view of Kanchenjunga in the distance. On the far side of the valley is Bhanjyang.

DAY 05 Lali Bhanjyang -Khesewa Bhanjyang 2,100m.

The day starts with a walk downhill through the village, the inhabitants of this area are mostly of Hindu origins, a mixture of Brahmins, Chettris, and the Karat tribes of Rai's and Limbus who also practice Hinduism along with their own traditional colloquial forms of worship of deities and spirits. After the village of Tembawa path descend towards Phawa khola, crossing Phawa khola coming to Pokhara village, the path from here leads through terraced farm fields, and finally crossing Pokhara's suspension bridge our route climbs steeply to the village of Kunjari, a mountainside village, from Kunjari walk passes through a mixed forest and some rural farm villages, then climbing gentle up to our overnight camp at Khesewa, a small farm village with grand views of Kanchenjunga and Yalungkang peak.

DAY 06 Khesewa Bhanjyang-Mamangkhe. 2,000m. 6 to 7 hrs.

Today, trail descends towards the lush terraced rice and millet fields, then through the forests to the headwaters of the Nandeva khola on the left. After crossing the stream, the trek continues downhill along the river. After entering the mountains to the left, the trek climbs through the forest, coming to the village of Loppoding. After Loppoding, the trail is more of ups and downs until it reaches Fun (yes, that is really the name!) where there is a resting place. From the ridge top of Fang-fang, breathtaking views of Khumbakarna, Yalung and Kanchenjunga can be seen. From here descend again through the terraced fields to the mountain village of Yang pang, walking along its upper edge, and climbing on the gentle slope for an hour to Popne Dhara at the crest of the ridge. This is an opportune spot for a break and to catch your breath along with the view of Mt. Jannu in the distance. From here it's a winding descent passing through hamlets and terraced farm fields to the Khesewa khola. After crossing the suspension bridge, the trail climbs to yet another resting area. We continue to a gradual ascent for an hour through terraced fields, and finally stopping for an overnight camp at Mamangkhe village.

DAY 07 Mamaghkhe-Yangphudin 2,150m.

Morning walk begins with a gentle climb, skirting around the ridge to a level path that leads to the village of Dekadin. From this village of Dekadin, the path leads along the right bank of Kabuli khola, rising from 200-300m from the river bottom towards the mountain path, winding around various ridges and streams. The trail is a pleasant walk of gentle ups and downs, all the while crossing number of streams. This mountain route offers grand view of the Kabeli khola flowing below and the huts and fields on the opposite bank. When the path ends, we descend via stone steps towards Kabeli khola. Leaving the river, our route climbs to a splendid ridge passing through villages and farm fields. After a gradual climb through the fields we arrive at the remote permanent village at Yamphudin.

This is the last permanent settlement till we reach Gunsu. The campsite will be in the fields or close to people's houses.

DAY 08 Yamphudin-Chitre 2,880mts. 6hrs.

From Yamphudin, the trek leads to Chitre, walk along the left bank of Kabeli khola, crossing the tributary of Omje khola and begin climbing the steep ascent to Dhupi Bhanjyang for two hours or more through open grassland. From the top of the pass, it is a steady descent through the forest to Omje Khola. After crossing the river, we arrive at a mountain ridge with steep slopes with many exposed boulders that must be climbed very carefully. After this vigorous climb, it is a welcomed sight to see the trees again as the walk follows through the rhododendron thickets, the angle of incline lessens with an easier walk through a forested area and emerging to an open ridge and finally to Chitre for the overnight camp. Chitre consists of one small hut. During dry season water is scarce here; sometimes we must continue our climb for another hour to the small pond just below Ramite Bhanjyang. Our guide and cook will get the information about the water availability at Chitre before leaving Yamphudin.

Overnight camp at Chitre on a clearing in the middle of the forest.

DAY 09 Chitre- Simbua Khola 3,000m. 6-7 hrs.

From Chitre, our path leads towards Ramite Bhanjyang (3,430m.), on a steep route uphill for two hours, through magnolias, rhododendron and bamboo forest. We reach Ramite which again consists of a single hut, from here the path climbs to a rhododendron covered ridge, and passes towards a small pond on the right at Ramite Bhanjyang 3,430m. Mt.Jannu appears atop the ridge before you, and from here the track leads to 150m ascend, though this area is thickly forested with rhododendron trees, you can still see Mt. Kanchenjunga, Mt.Khumbhakarna and Kabru peaks from between the trees. This final leg of today's walk is an easy descent on the gentle sloping path which continues almost to the riverbed of the Simbua Khola for the overnight camp. Depending on the hours spent walking, availability of good campsite and the fitness of the people in our group, we continue with a short climb for a while along the left bank and then cross over to the right via wooden bridge, arriving at the level ground of Tortontan at 3,080m where there are several bivouacs caves with excellent campsites.

DAY 10 Simbua Khola-Tseram 3,770m. 4 hrs.

The walk today follows the riverbank passing the bivouac caves. The path along the right bank of the Simbua Khola is not very high, so we head along the mountain flank somewhat higher. Both walls of this valley are densely forested with pine and rhododendron as the path reaches the single hut of Wahta. From here we cross a stream in front of this lonely hut along the path on the right bank, due to the thick forest the view of the mountains is not visible from this place. But as our walk progresses, we arrive at gravel ground, and a bit farther past this area leads to a shrine with a huge boulder shaped like serpent. After this we finish walking through the forest, our route heads towards the riverbed, then ascending from riverbed path to the terrace on the left at which point we arrive at the overnight camp at Tseram where there are roofless bivouac caves. Ahead you can see the terminal moraine of Yalung glacier and behind it are Kabru 7,353m and Talung peak 7,349m.

DAY 11 Tsheram- Ramche 4,360m via Lapsing.

From Tseram the way out is blocked by a steep slope that descends from the left, so we take a temporarily descent to the riverbed of Simbua Khola and by crossing the base of this slope, our path climbs back up the terraced hills arriving at the single stone hut of Yalung Bara. This hut marks the end of the forest line. From this mountain track we head to the right bank towards the zone of Yalung Glacier, and we begin the day with climbing up for forty-five minutes. Then rest part of the walk is gentle. The tree line stops at Yalungbar with the magnificent view of mountains. The valley opens up from Lob Sang La, with more views of Kabru, Rathong and Kokthang.

DAY 12 Rest day at Ramche for acclimatisation and optional walk.

Rest day for exploring towards Kanchenjunga South Base Camp to get the clear view of Yalung Glacier and south wall of Kanchenjunga. The hike goes for 2 hrs. unto a delightful meadow on the way to South Base Camp at the height of 4,600 m. The route by which Mt. Kanchenjunga was first climbed in 1955 is clearly seen with giant mountains Talung Peak and Kabru.

DAY 13 Trek back to Tseram.

The walk will be on the downhill most of the way to Tseram for the overnight camp.

DAY 14 Tseram near Tamo la 4,300m, 4 hrs.

Today, we descend via Yalung Bar with fifteen minutes of a steep climb up, crossing the river and then the trail goes gradually through the forest for half hour. From here, we again face a steep climb for hour and half towards the two small ponds. From here, we cross three passes, Miring La, Tamo La and Sinion La. The trail is uphill climb for 1 hour to the top of the pass with the great view of Kabru and Kanchenjunga. From Miring La, the trail goes gently down and then up to Sinion La (4,500 m.). From the top of the pass we can see magnificent views of Makalu, Baruntse, and Chamlang. From Simion La, the

trail descends gently to Tamo La (4,500 m.) and from here we get superb view of Khumbakarna, and then trail heads down hill to our overnight camp.

DAY 15 Tamo La- Ghunsa, 3,480m.

The first part of the walk is gentle a downhill trek, with a steep descend for an hour through the forest of rhododendron and pines as the downhill walk levels near the Ghunsa river. Today, the walk is fairly gradual towards the Ghunsa village. Ghunsa a large Bhotia (of Tibetan descended) community of stone houses and tidy small farm. Overnight camp near or above the village of Ghunsa.

DAY 16 Ghunsa- Kangbachen 4,000m. 5 hrs.

Today's walk leads to a fairly strenuous trail that climbs up alongside the river. Several magnificent waterfalls are encountered along the way. Yak herders may be met along the trail depending upon the time of the grazing season. The trail goes from the right bank of the river Ghunsa, through the rhododendron and pine forest, gradually ascending to Rambuk Kharkas crossing small glacier landslides.

The trek continues with excellent views of Khumbakarna and Janu and other high snow capped peaks. Leaving the tree lines behind, the countryside onwards is more barren with scrub juniper. After Rambuk Kharka, we climb through a small forest to cross a large landslide area with a spectacular view of Khumbakarna's north face. The trail goes gentle down to Kangbachen after crossing the landslide. The valley is dominated by Sharphu (7,070m.) just in the opposite, is a huge north face of Mt.Jannu and Wedge peak.

DAY 17 Kangbachen- Lhonak 4,780m. 4 hrs.

The trail follows above the river for about an hour and heading east, our route drops down to the river, and then climbs through the boulder path which leads to the terminal moraine of the Kanchenjunga glacier. After leaving Ramtang Kharka (a Shepard's place), the trail meets Kanchenjunga glacier. It is here we cross the junction at Lhonak and the Kanchenjunga glacier before Lhonak. A great view awaits you of Mera, Nepal Peak and Wedge Peak from Lhonak.

DAY 18 Lhonak-Pang Pema 5,065m. 4 hrs.

The trail climbs up gently above the river with impressive views of Karat Chuli, Nepal Peak, Taple Sikhar, and Givegela Chuli. The first part of the climbs is gentle and goes through a boulder trail. Now, we walk the trail between grassy slopes and glacier path up to the North base Camp. Herds of blue sheep's can be seen around this area.

DAY 19 Rest day at Pang Pema for local exploration.

We have a choice here for an optional trek or to take a rest at the Base Camp, or lastly, to ascend to Pang Pema Peak (5,800m.) for panoramic views of mountains. The trail to the Peak is a mixture of boulders, moraine, and grassland. From the summit, we get a brilliant and memorable view of Kanchenjunga, Khumbakarna, Makalu, Cholutse, Sharpu, Drohma, Nepal Peak and other snow capped peaks.

DAY 20 Pang Pema-Kangbachen 3,900m. 6 hrs.

We turn back by the same way and camp at Kambachen.

DAY 21 Kangbachen-Phole. 3,100m. 6 hrs.

We retrace our steps down the way to Ghunsa. After crossing Ghunsa Khola the walk is pleasant through the pine forest into a very interesting Sherpa village of Phere.

DAY 22 Rest day at Ramche for acclimatisation and optional walk.

We continue our descent; from here the trail goes through the mixed forest of bamboo and rhododendron. Before Gybala the walk is a half hour difficult steep trek up. After lunch on the bank of river Ghunsa, the trail goes gentle up and down for 1 hour and changes into steep up and down for another 2 hrs. through the forest. Finally, walking on open grassland, we reach to a small Sherpa village of Amjilassa.

DAY 23 Amjilassa-Tapethok 1,300 m. 7 hrs.

Today, the first part of the walk is quite gentle; then we descend steeply through open grassland to the village of Ghaiya Bari and of Sekathum. After Sekathum we cross two rivers Ghunsa and Simbhu. Now, the trek follows the path on the left bank of Tamur River. Finally, till Tapethok is reached, a Limbu village and the camp are alongside of river Tamur.

DAY 24 Tapethok-Mitlung 1,550m. 6 hrs.

Walk continues on the left bank of river Tamur to the village of Chiruwa. We walk for about an hour, going left through the village. After this village, the walk leads us on a gentle path through the mixed forest. The walk in which we leave the forest is pleasant, and we can enjoy the fairly large and clean village at the camp.

DAY 25 Mitlung-Sukhetar 2,440 m. 4 hrs.

From Mitlung, the trail is mixed of village and forest walk. First part is steep up to two hours and goes gradual up unto Sukhetar.

DAY 26 Fly Sukhetar -Kathmandu via Biratnagar.

We take a morning flight from Sukhetar to Biratnagar to connect the flight back to Kathmandu. The flights to Kathmandu, are usually scheduled for the morning time due to the wind in the afternoon. It is important to remember that flight times can be delayed due to bad weather and other reason beyond our control. Depending upon the flight time, we will enter into the terminal for security check. This scenic flight from Sukhetar takes about an hour to Kathmandu, a panoramic, awe inspiring view of the snow capped peaks can be seen from the plane.

Arriving at Kathmandu domestic terminal, our staff will greet and escort you back to the Hotel, where you can celebrate your achievement with a hot shower and cold beer.

DAY 27 Free day at leisure.

A free day in Kathmandu please let our staff or tour officer know if you would like to go on another short tour in and around Kathmandu Valley or for an extension trip White Water Rafting, Jungle Safari, Paragliding or a Bungee Jump.

DAY 28 Transfer to Airport for the International departure.

Today keep in mind your international flight time; so make sure to keep your confirmed airticket, departure tax (in local currency), and your passport handy. Our staff will take you to the airport for your final departure from our amazing country, Nepal.

NOTE: The above itinerary needs to be taken as a guide line; it could always change due to weather, availability of clean water and campsite, trail availability or any other unforeseen conditions.

In case of trek itinerary alteration or if it needs to be re-routed, the final decision will be that of the Sherpa guide or group leader.

Complimentary Services

Services as mentioned below are rendered complimentary upon confirmation of your booking with us:

- a. Complimentary tourist registration to respective consulate office or embassy
- b. Complimentary international flight ticket re-confirmation
- c. Complimentary Gurkha Encounter T-Shirt (subject to availability)
- d. Complimentary welcome dinner in one of the finest local restaurants in Kathmandu with cultural shows presented by different ethnic groups
- e. Complimentary use of sleeping bags and down jackets



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Mode of Payment

To confirm your trip we request you an upfront payment of 40% of the quoted amount by authorizing the same with your credit card details filled up in our GE Booking Form.

If you pay by cheque/ bank draft pls make it payable to:

Gurkha Encounters Pvt. Ltd.
G P O Box: 20195
Ganeshman's Building
House No.: 135
Chaksibari Street, Thamel, Kathmandu, Nepal
Phone: +977 1 4267 882 and 889
Fax: +977 1 4267 854

Note: If you pay by Master/Visa cards there is a bank service charge of 3.5% which will be charged as an extra; for payment through American Express there is a 5.5% bank service charge.

Terms & Conditions

- ❖ The Company is not liable for any refunds after the departure date of the scheduled itinerary.
- ❖ Cancellation should be made 48 hours before departure and a 40% cancellation charge is approved besides tax, transportation and permit. See specific information below
- ❖ No refund will be given if the program ends before the provided itinerary date.
- ❖ The Company is not to be held responsible for your early termination of a trek should our experienced leader feels it is unsafe for you to continue due to fitness and/or health issues
- ❖ The Company is not liable for an unconvinced or rescheduling due to natural, political or bureaucratic circumstances
- ❖ The Company is not responsible for delays caused by local weather conditions resulting in international flights being missed
- ❖ The Company is not responsible for the financial implications of rescue. Please ensure you have the appropriate insurance to cover these situations before you arrive in Nepal
- ❖ Our staffs are very experienced in leading treks at all altitudes. It is their responsibility to ensure your safety, their conclusions regard safety are final and should you not follow their advice the Company can not be held responsible for the outcome.

If you wish to cancel your trip for any reason the following scale of charges will apply:

Date of Cancellation	Charge Incurred
2 months before departure	Loss of deposit (40% of Total Trip Cost TTC)
29 days to 2 months before departure	50% of TTC



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10 to 28 days before departure	70% of TTC
Less than 10 days before departure	100% of TTC

Equipment List (General Items)

- A pair of light hiking boots
- A pair of sandals
- 2 pairs of woolen socks and 2 pair of hiking socks
- 1 medium poly pro shirt
- 1 pile jacket
- 1 down jacket
- 1 woolen hat
- A pair of sunglasses
- A pair of glove shells with liner or ski gloves (opt.)
- A pair of woolen gloves
- One Trekking pack 3000 cubic inches capacity
- One Sunscreen lotion SPF 10 to 30 and One Sunscreen stick SPF 10 to 30
- Two Reading books (Optional)
- One Walkman (Opt) and Music tapes (Opt) iPods Digi Camera and its Charger
- A one liter water bottle
- A pair of Trekking poles
- One flash light with 4 sets of batteries
- one -5 to -20 sleeping bag
- Two T-shirts and one long sleeve T/city shirt
- Two Trekking baggy pant

Toiletry Items

Towel, pre-moistened novelettes, wash cloth, lip balm, and any additional personal items such as toothbrush, comb, etc.

Miscellaneous Items

Photo equipment with plenty of films and spare batteries, reading/writing materials, postcards of hometown and/or photos of home and family to share with Nepalese people, safety pins, sewing kit, zip lock bags for small items.



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Welcome to the Himalaya

Namaste and welcome to the stunning and diverse geographical regions of the Himalaya.

This wonderful place is home to many of the highest mountains in the world including the world's highest, majestic Mount Everest, to some of the deepest gorges, lush valleys, great rivers, colorful people and ancient histories. You'll find a wide and fascinating diversity of landscapes, culture, people and activities within the Himalaya. From stunning scenery to vibrant and colorful culture, from the serenity and spiritualism of ancient temples and monasteries to the thrills and spills of some of the finest white water rides, from the challenge of the awesome peaks to the laid back relaxation of the valley, lakesides and quiet hill stations to the deep lush jungles of the lowlands, from romantic and intricate courtyards, exotic palaces and exquisite restaurants to high snowy passes where prayer flags flutter in the skies and from the solitude of the great peaks to the welcoming bustle and warmth of the local bazaars and courtyards. Whatever your interest, the Himalaya has something to offer everyone.

Gurkha Encounters is a leading trekking, adventure and eco travel company based in Kathmandu, Nepal and established in 1988. We specialize in the Himalayan regions of Nepal, Tibet, Bhutan and India, including Sikkim. Our services include advice, planning and organization of a wide range of adventure and trekking travel options and related services including: trekking and climbing expeditions among the world's highest peaks; jungle safaris; white-water rafting; mountain biking; family adventures; educational expeditions for schools and youth groups; short breaks, guided tours and sightseeing; special interest holidays; romantic breaks; volunteer placements and corporate services.

Our office staff, guides and other support staff are all from local villages and towns in the Himalaya and are all experienced and qualified professionals. Our extensive local knowledge as well as our experience and local contacts mean that we are able to provide the best service to you and we are proud of our reputation for quality, innovation and overall customer service with a focus on cultural and environmentally responsible travel. We aim to provide you with an excellent, friendly and personal service at competitive and fair prices for a truly memorable adventure travel experience.

Small Group Travel

Most of our trips, treks and tours are organised on a small group basis, usually with a maximum of 16 persons in a group. On family holidays the maximum number is 20 to allow a number of families to join a group. By keeping numbers small we are able to offer a friendly, personal and high quality service.



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Tailor Made Private Charter Adventures

We offer a very competitive complete tailor made service and are happy to design private charter programs for individuals and for groups as well as to tailor any of our packages to more closely meet your requirements. We have a wealth of experience in helping many clients in designing and planning individual adventures, ranging from romantic breaks to personal challenges, fundraising programs, student programs to extreme adventure expeditions, from low budget to no expense spared. We don't charge a fortune to tailor make a trip for you and we have plenty of ideas, suggestions and experience we're happy to share. We'll work closely with you to design your adventure. Our advertised brochure prices will give you an idea of what you can expect to pay but we'll provide individual quotes based upon your itinerary, requirements, budget and number of people traveling.

Let us take care of the research and arrangements for your flights, accommodation, guides, transport, permits, peak fees, equipment requirements, food and all ground handling service for treks, expeditions or tours, using our local knowledge, expertise and contacts. And you can get on with enjoying yourself.

Group and Club Organisers

If you are organising a trip for a group or a club we will offer one free* additional place for every 10 bookings made. You can use this for your own travel, use it to reduce the overall cost of the trip for everyone or perhaps offer it as a fantastic prize for your group members or for a charity. Contact us for more details and for conditions (* permit fees, national park entry fees, airfares and departure taxes not included).

Contact Us

We are always happy to provide more information and suggestions. If you are in Kathmandu, please visit our office in Thamel, Kathmandu. You can email us at info@gurkhaencounters.com, or telephone us on +977 1 4267 882 and 889 or fax on +977 1 4267854 or contact to our Managing Director (RAJ) Mobile +977 9851022717 / 9851082548. For general information please visit our website www.gurkhaencounters.com

'Tapai lai Hardik Swagat Cha' - Welcome from our heart to the mighty Himalaya.

Trekking in the Himalaya

The Himalaya mountain regions provide some of the finest trekking routes available anywhere. Within the Himalaya, Nepal's mountainous, hilly and lowland Terai regions offer some of the most spectacular



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trekking in the world. Treks vary from high altitude routes some of which visit base camps used by mountaineering expeditions to easy short treks within the Kathmandu Valley and lower hill country where you'll travel through pretty villages, subtropical lowlands, vast meadows and forests, fast flowing rivers, deep canyons and even the cold and barren regions at the feet of the great mountain peaks. The views change with the seasons, with different stages of planting and harvesting cycles in the villages and valleys and the brilliant display of wild flowers in spring and autumn.

Trekking with us means an adventure walking holiday, with a small group of other trekkers, led by an experienced and professional English speaking local guide. We use professionally trained and experienced local Sherpa guides or Sirdars on our treks, tours and expeditions and are totally confident in their ability and experience. Local guides are integral to providing you with the best travel experience. Not only can they share local knowledge and insights, at the same time as you travel you are contributing to the local economy and supporting local communities at the same time as you travel. Whatever route you choose, you'll be sure to meet local people and enjoy stunning landscapes as you walk at your own pace through well established village trails. Whilst some of the popular trekking trails are used by climbing expeditions on their approach marches, most have been used for hundreds of years by the local Nepalese for everyday travel and trade.

Teahouse Trekking

On the more popular treks in Nepal, particularly in the Everest, Langtang and the entire Annapurna regions, enterprising villagers have built teahouse lodges, similar to European style alpine lodges offering simple but comfortable accommodation and food. We offer a selection of single/twin sharing rooms in the best available lodges run to a high level of service. We also supply a four season sleeping bag and cotton liner free of charge on our teahouse treks. Hire of other key items if needed can be arranged in advance. During the trek you'll have 3 meals a day, with a mixture of European and Asian style dishes and large portions. Soft drinks, sweets, mineral water and alcohol are not included.

Fully provisioned camping style trekking

This type of trek is staffed by a full Sherpa crew including a Sirdar (head man), cook and assistants. Porters, yaks, horses or mules carry your main baggage. It is the Sherpa crew's job to perform all the camp work, from setting up to providing freshly made meals, to leaving the site clean on departure. We provide twin share dome or A frame sleeping tents, a kitchen tent, mess tent and toilet tent. We also provide tables, chairs or stools, lanterns/candles, thin sleeping mattresses and all crockery and cutlery as well as a fully equipped kitchen set up. The Sherpa crew will cook, wash up, and provide hot water for washing and tea and coffee at night and for your wake up call. Food is a mixture of Asian and Western



Inquiry

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dishes, with lots of choice, freshly prepared. As with teahouse trekking you can expect 3 main meals each day. Soft drinks, sweets, mineral water and alcohol are not included.

A few of our teahouse treks involve crossing high passes and necessitate camping for a couple of nights. We provide full camping services for these nights including providing four season sleeping bags.

Our Grading System

In Nepal, the trails often zigzag with plenty of ascents and descents and it is better to think in terms of hours spent walking rather than miles covered. A typical day's walking is from five to seven hours with a number of ascents and descents. This includes a one hour lunch stop, a comfortable pace of walking and time to enjoy your surroundings.

We use four grades for our treks, intended to give you a general sense of what to expect and to help you choose which adventure will suit you best. Factors such as weather conditions, altitude, fitness level, experience, interests and how you feel on a particular day all contribute to how easy or strenuous you find a trip. If you're unsure of whether a trek is suitable for you just contact us before making your booking.

Wish you have memorable time with us!